

Dear Parents and Carers,

We have had another busy week in school! The children have begun practising for their Christmas plays—I'm sure you will know the songs by heart very soon!

We would like to do our annual book gift for the children again this year. On 11th December, we would like children to come to school in festive clothes/Christmas jumpers for their Christmas lunch and then each class will have a festive afternoon, when the Christmas presents will be delivered.

Please bring a book wrapped and named and drop off to the office by Monday 9th December. Please email Mrs Tindall if you need support with this.

	Daytime event	After school club option
Monday	PE Longships	
Tuesday	Swimming/PE Cowloe	
Wednesday	PE Brisons and Cowloe	High five netball KS2 - finish <b>4.15pm</b>
Thursday		
Friday	Forest School for Aire PE Longships (Tennis) PE Brisons	

Please can all children ensure they have warm coats in school everyday as the weather is getting colder, yet we still want to be outside as much as possible.

**Contact information**

Tel: 01736 871 392

Mr Baker:

head@sennen.tpacademytrust.org

School Office:

rraitt@tpacademytrust.org

Mrs Tindall:

etindall@sennen.tpacademytrust.org

SENDCo:

sbakerjones@sennen.tpacademytrust.org

**Important dates:**



**24.11.24**—Christmas Fair

**4.12.24**—Height and Weight Yr 6 and Aire Class

**11.12.24**—Christmas Lunch

**17.12.24**—Brisons Christmas play (pm)

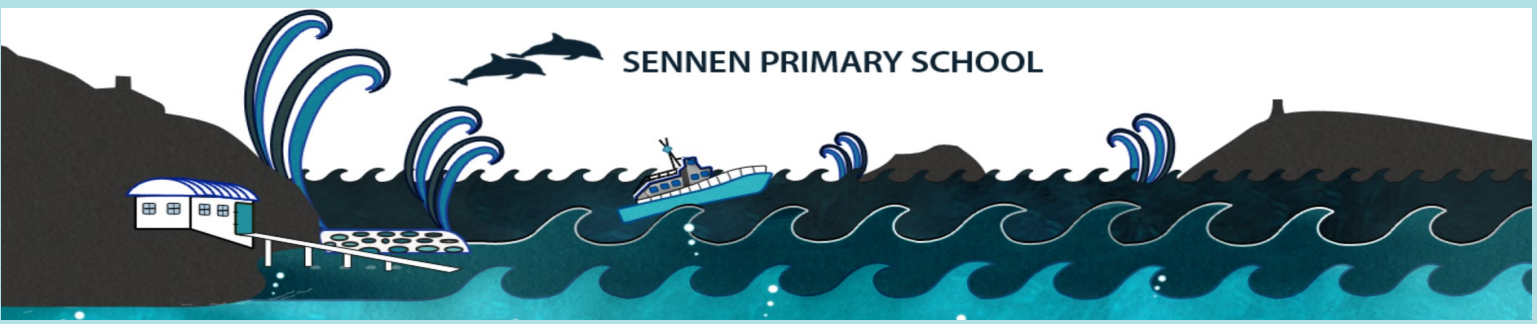
**18.12.24**—Aire, Longships and Cowloe—Christmas play (pm)

**19.12.24**—Jack and the Beanstalk Panto, Hall for Cornwall

**20.12.24**—Last day of term

**6.1.2025**—Inset Day

**7.1.2025**—Children back to school



**Breakfast Club**

If you require breakfast club please could you either let us know the day before or send an email to Mrs Tindall. Unfortunately, Facebook relies on someone checking it which might not always happen and we wouldn't want to miss your message if you need us.

**Jewellery and PE**

Please note, as per our uniform policy, jewellery must be removed for PE lessons for health and safety reasons. If your child is unable to remove these themselves, they should not come into school wearing them on PE days. Thank you.

**Parent Pay**

If you have not yet activated your child's account, please contact the office,.

**Jack and the Beanstalk—Christmas Panto!**

You will be able to buy your child/ren's panto ticket from today—oh yes you can!

Performance will be on Thursday 19 December at 11am.

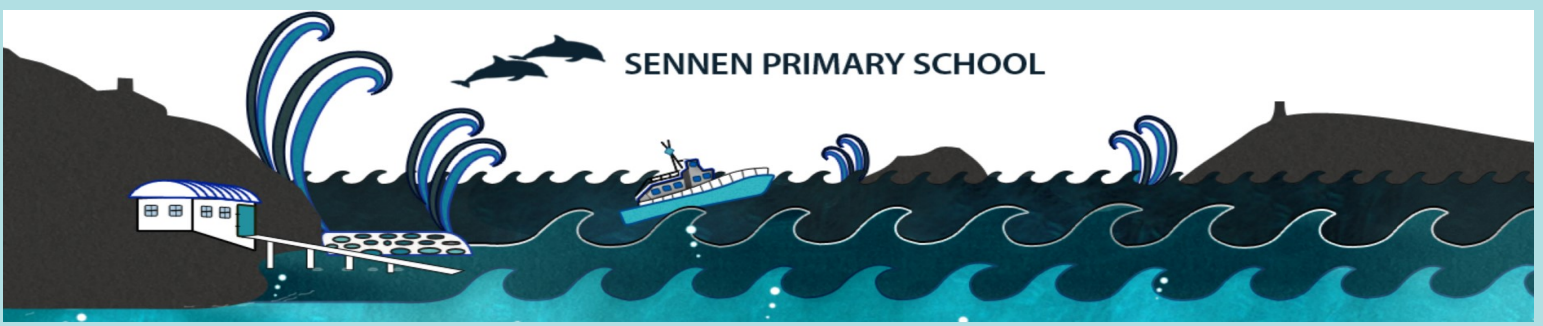


**Residential Trips 2025 – Longships and Cowloe**

Payment instalments are now on parent pay with pupil premium/sibling discounts included.

**Breakfast Club** bills for 1st Autumn Term are now on Parent Pay.





Don't miss our Sennen Christmas Fair on Sunday!

FOSS have worked amazingly hard to organise over 20 stalls along with lots of other things to see and do and be entertained by!

SENNEN SCHOOL  
CHRISTMAS  
Fair  
24TH NOVEMBER  
10AM - 4PM  
at Sennen  
Community Centre  
Stalls, Games,  
Wreath Making,  
Santa's Grotto,  
Refreshments,  
Raffle, Food  
& More

The poster features a light beige background with festive decorations. At the top, there are strings of colorful Christmas lights (red, green, yellow, blue) and white snowflakes. A large white moon is visible on the left. In the bottom left corner, there is a green Christmas tree decorated with yellow and red lights and a yellow star on top. Next to the tree are three wrapped gifts in red, yellow, and green paper. In the bottom right corner, there is a white snowman wearing a black top hat with a red band, having an orange carrot nose, and holding a black stick. The text is centered and uses a mix of red and green fonts.



**MENTAL HEALTH SUPPORT TEAM - MHST** NHS Cornwall Partnership NHS Foundation Trust

Parents and Carers - please join us at our 1hr online **Worry Workshop**

Monday 13th January - 9:30am & 2pm  
 Tuesday 14th January - 11am & 4pm  
 Wednesday 15th January - 09:30am & 1:30pm  
 Thursday 16th January - 11am & 4pm

This workshop aims to provide psychoeducation on "What is worry?" and "Why does my child worry?" Also includes practical strategies for helping children manage their worries.

To book a place please complete the online form [HERE](https://forms.office.com/e/YR5MeEwtEF) <https://forms.office.com/e/YR5MeEwtEF> or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**MENTAL HEALTH SUPPORT TEAM - MHST** NHS Cornwall Partnership NHS Foundation Trust

Parents and Carers - please join us at our 1hr online **Resilience Workshop**

Monday 20th January - 9.30am & 4pm  
 Tuesday 21st January - 11am & 2pm  
 Wednesday 22nd January - 11.30am & 4pm  
 Thursday 23rd January - 9.30am & 1.30pm

This workshop aims to talk about the meaning of resilience, explore building resilience and look at how and when a young person should ask for help.

To book a place please complete the online form [HERE](https://forms.office.com/e/TE2UmBZrHK) <https://forms.office.com/e/TE2UmBZrHK> or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**MENTAL HEALTH SUPPORT TEAM - MHST** NHS Cornwall Partnership NHS Foundation Trust

Parents and Carers - please join us at our 1hr online **Behaviour Workshop**

Monday 27th January - 9.30am & 2pm  
 Tuesday 28th January - 11.30 am & 4pm  
 Wednesday 29th January - 9.30am & 1.30pm  
 Thursday 30th January - 11.00am & 4pm

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

To book a place please complete the online form [HERE](https://forms.office.com/e/1PwGDXSQ40) <https://forms.office.com/e/1PwGDXSQ40> or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**MENTAL HEALTH SUPPORT TEAM - MHST** NHS Cornwall Partnership NHS Foundation Trust

Parents and Carers - please join us at our 1hr online **Sleep Workshop**

Monday 3rd February - 11am & 4pm  
 Tuesday 4th February - 9.30am & 2pm  
 Wednesday 5th February - 9.30am & 1.30pm  
 Thursday 6th February - 11am & 1.30pm

This workshop aims to provide psychoeducation on sleep hygiene and sleep routines. Also includes practical strategies for helping children

To book a place please complete the online form [HERE](https://forms.office.com/e/7ac7qHLPfc) <https://forms.office.com/e/7ac7qHLPfc> or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall



**Lunch Menu**

Children will be asked what they would like each day by their teacher. Children in year R—2 get infant free school meals and it is £2.65 for the rest of the school, other than for those pupils who have been awarded income based free school meals.

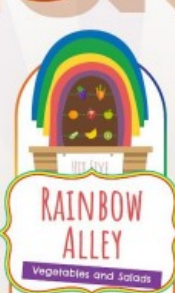


School menu week commencing 25th November:

**FOOD FESTIVAL**  
By Aspens

# LUNCHTIME

WORLD  
Week 1

<p><b>Autumn Winter</b> 2024-25: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 6/1, 27/1</p>	 <p><b>THE MAIN EVENT</b></p>	 <p><b>MEAT-FREE MAGIC</b> Veggie Dish</p>	 <p><b>RAINBOW ALLEY</b> Vegetables and Salads</p>	 <p><b>BIG TOPPING</b> Filled Jackets</p>	 <p><b>DESSERT TROLLEY</b></p>	 <p>DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT</p> <p>AVAILABLE DAILY</p>
<b>MONDAY</b>	Margherita Pizza Slice and Wedges	Veggie Pepper and Sweetcorn Pizza Slice with Wedges	Sweetcorn	Beans, Cheese or Tuna Mayo	Toffee Frozen Yoghurt	 <p>DAILY SANDWICHES AVAILABLE</p>
<b>TUESDAY</b>	Chicken Tikka Curry	Veg Samosa Style Pie	Kachumber Salad and Wholegrain Rice	Beans, Cheese or Tuna Mayo	Sweet Potato Brownie	
<b>WEDNESDAY</b>	Roast Gammon, Roast Potatoes and Gravy	Quorn Sausage, Roast Potatoes and Gravy	Peas and Carrots	Beans, Cheese or Tuna Mayo	Forest Fruits Jelly Pots	 <p>PASTA TWIRLER</p> <p>AVAILABLE EVERY DAY</p>
<b>THURSDAY</b>	Sticky Chinese Chicken Noodles	Spanish Omelette and Herby Diced Potatoes	Green Beans	Beans, Cheese or Tuna Mayo	Cookie Dough Apple Crumble	<p><b>Topped Pasta</b></p> <p>Hot Pasta topped with Homemade Tomato Sauce &amp; Cheese</p>
<b>FRIDAY</b>	Golden Fish Fingers or Salmon Fingers and Chips	Veggie Burger and Chips	Baked Beans	Beans, Cheese or Tuna Mayo	Jammy Thumbprint Biscuits	

W1



## TAKE YOUR CHILD'S IMAGINATION ON A FOOD JOURNEY WITH ASPENS

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu...

### Knowing Where Your Food Comes From

We take our responsibility of catering for today's children and young adults seriously. All of our dishes are prepared every day using quality, fresh and seasonal ingredients that are responsibly sourced. Our supply chain is traceable, so we can ensure the provenance of all produce.

Our dishes are created and served by experienced and enthusiastic staff. As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

WEEK 1

### Our Great New Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN EVENT</b>	Roast Chicken with seasonal vegetables	Spiced Chicken with seasonal vegetables	Spiced Chicken with seasonal vegetables	Spiced Chicken with seasonal vegetables	Spiced Chicken with seasonal vegetables
<b>STARTERS</b>	Roast Potatoes	Roast Potatoes	Roast Potatoes	Roast Potatoes	Roast Potatoes
<b>DRINKS</b>	Soft Drinks	Soft Drinks	Soft Drinks	Soft Drinks	Soft Drinks

## FUN THEME DAYS

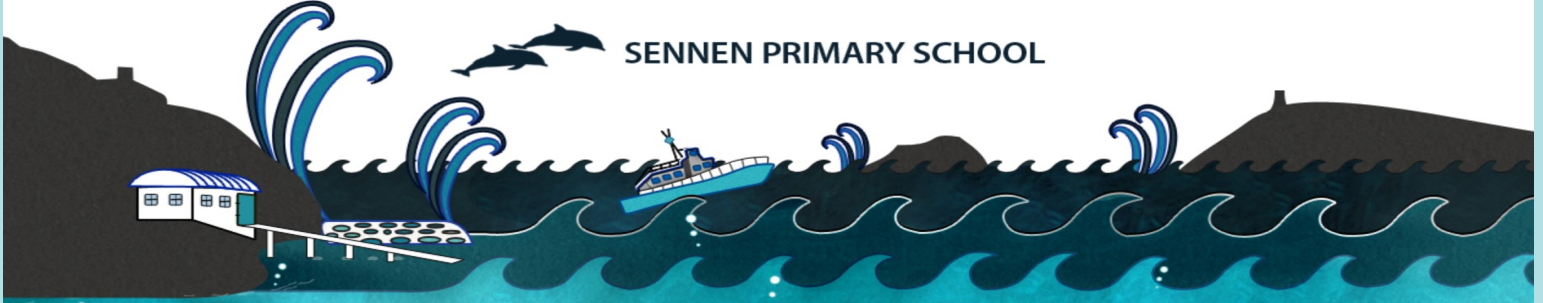
### OUR FANTASTIC FOOD

We don't only create delicious favourite dishes from home and around the world, we make it fun!

We aim to make lunchtime the best time of the day and it definitely is when we hold one of our regular theme days! Planned to link in to the school calendar or seasonal healthy food initiatives, our staff may dress up and decorate the counter to serve something deliciously different on the menu - it's the stuff of great school food memories!







## NOT JUST GREAT TASTING FOOD!

The food children eat at school plays an important role in their wellbeing and eating a well-balanced diet will not only maintain and improve their health but will also set them on the right track for later life. We understand this and that's why we are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.



## SPECIAL DIETS AND FOOD ALLERGENS

Don't think that your child can't enjoy our great food if they have a special diet - this is an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Aspens already caters for lots of children with allergies, we have robust food safety procedures and our staff has regular allergen and food safety training. It is still important that parents talk to us so we can work together and continue to provide meals that are safe for their child to eat.

**HELP YOUR CHILD SOAR WITH A SCHOOL MEAL!**  
And it could be FREE! Check the 8 points below to see if you're eligible.

- ABC
- 123456789
- Save money, Save time, Save hassle.
- Ask at the office to find out more!
- Fuel your child with energy!
- All Reception, Year 1 and Year 2 meals are FREE!!



For more information and to check if your child can get free school meals, even after year 2, please visit this website - [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals) or scan the QR code on the left.

If eligible, not only will you be saving money, but you will also be giving your child a nutritionally balanced meal to fuel their bodies for the rest of their learning day.



### CONTACT US

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 W: [www.aspens-services.co.uk](http://www.aspens-services.co.uk)

