



Dear Parents and Carers,

Welcome back! We hope you all had a lovely half term!  
This half term is always a busy one with the lead up to Christmas—I will do my best to keep you informed of everything as early as possible!!

We have decided to run parents evening slightly differently this half term. We would like to hold an open evening on **Wednesday 13th November from 3.30—5.00pm for Brisons, Longships and Cowloe.**

Your children's books will be on display for you to come along with your child where possible and see what they have been up to and have a chat with the class teacher. If you feel you need a 1:1 discussion with your teacher to discuss any concerns please speak to them to arrange a suitable time. We will be having more formal 1:1 appointments in the Spring Term.

**Cross Country**

Our next cross-country event is on Tuesday 12th November at Hayle school. Please let Miss Clackworthy know if you wish your child to attend and if they need bringing back to school on the minibus.

4pm	Yr 4 Girls -	1200m
4.10pm	Yr 4 Boys -	1200m
4.20pm	Yr 5 Girls -	1500m
4.30pm	Yr 5 Boys -	1500m
4.40pm	Yr 6 Girls -	2000m
4.50pm	Yr 6 Boys -	2000m

*Cross country league schedule:*

<b>Event 1:</b> Tues 8 <sup>th</sup> October 2024 @ Mounts Bay Academy 4.00pm – 5.00pm	<b>Event 3:</b> Tues 28 <sup>th</sup> January 2025 @ St Ives Rugby 4.00pm – 5.00pm
<b>Event 2:</b> Tues 12 <sup>th</sup> November 2024 @ Hayle School 4.00pm – 5.00pm	<b>Event 4:</b> Tues 25 <sup>th</sup> February 2025 @ Cape Cornwall School. 4.00pm – 5.00pm

	Daytime event	After school club option
Monday	PE Longships	
Tuesday	Swimming/PE Cowloe	
Wednesday	PE Brisons and Cowloe	High five netball KS2 - finish <b>4.15pm</b>
Thursday		
Friday	Forest School for Aire PE Longships (Tennis)	

**Contact information**

Tel: 01736 871 392

Mr Baker:

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School Office:

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Mrs Tindall:

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SENDCo:

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**Important dates:**



- 13.11.24**—Parents open evening 3.30—5pm Brisons, Longships and Cowloe
- 15.11.24**—Tennis (Longships)
- 24.11.24**—Christmas Fair
- 4.12.24**—Height and Weight Yr 6 and Aire Class
- 11.12.24**—Christmas Lunch
- 17.12.24**—Brisons Christmas play (pm)
- 18.12.24**—Aire and Cowloe Christmas play (pm)
- 19.12.24**—Jack and the Beanstalk Panto, Hall for Cornwall
- 20.12.24**—Last day of term
- 6.1.2025**—Inset Day
- 7.1.2025**—Children back to school

**Breakfast Club**

If you require breakfast club please could you either let us know the day before or send an email to Mrs Tindall. Unfortunately, Facebook relies on someone checking it which might not always happen and we wouldn't want to miss your message if you need us.

**Jewellery and PE**

Please note, as per our uniform policy, jewellery must be removed for PE lessons for health and safety reasons. If your child is unable to remove these themselves, they should not come into school wearing them on PE days. Thank you.

**Parent Pay**

If you have not yet activated your child's account, please contact the office.

**Residential Trips 2025 – Longships and Cowloe**

Payment instalments are now on parent pay with pupil premium/sibling discounts included.

**Jack and the Beanstalk—Christmas Panto!**

You will be able to buy your child/ren's panto ticket from today—oh yes you can!

Performance will be on Thursday 19 December at 11am.

**Breakfast Club** bills for 1st Autumn Term are now on Parent Pay.

**Coats**—Please can children make sure they have a coat in school so that they can still go outside even when the weather is not so great!



**MENTAL HEALTH SUPPORT TEAM - MHST** Cornwall Partnership NHS Foundation Trust

Parents and Carers please join us at our 1hr online **Worry Workshop**

Monday 13th January - 9:30am & 2pm  
 Tuesday 14th January - 11am & 4pm  
 Wednesday 15th January - 09:30am & 1:30pm  
 Thursday 16th January - 11am & 4pm

This workshop aims to provide psychoeducation on "What is worry?" and "Why does my child worry?" Also includes practical strategies for helping children manage their worries.

To book a place please complete the online form [HERE](https://forms.office.com/e/YR5M_eEwtEF) [https://forms.office.com/e/YR5M\\_eEwtEF](https://forms.office.com/e/YR5M_eEwtEF) or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall



**MENTAL HEALTH SUPPORT TEAM - MHST** Cornwall Partnership NHS Foundation Trust

Parents and Carers please join us at our 1hr online **Resilience Workshop**

Monday 20th January - 9.30am & 4pm  
 Tuesday 21st January - 11am & 2pm  
 Wednesday 22nd January - 11.30am & 4pm  
 Thursday 23rd January - 9.30am & 1.30pm

This workshops aims to talk about the meaning of resilience, explore building resilience and look at how and when a young person should ask for help.

To book a place please complete the online form [HERE](https://forms.office.com/e/TE2U_mBZrHK) [https://forms.office.com/e/TE2U\\_mBZrHK](https://forms.office.com/e/TE2U_mBZrHK) or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**MENTAL HEALTH SUPPORT TEAM - MHST** Cornwall Partnership NHS Foundation Trust

Parents and Carers - please join us at our 1hr online Behaviour Workshop

Monday 27th January - 9.30am & 2pm  
 Tuesday 28th January - 11.30 am & 4pm  
 Wednesday 29th January - 9.30am & 1.30pm  
 Thursday 30th January - 11.00am & 4pm

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

To book a place please complete the online form [HERE](https://forms.office.com/e/1PwGDXSQ40) <https://forms.office.com/e/1PwGDXSQ40> or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**MENTAL HEALTH SUPPORT TEAM - MHST** Cornwall Partnership NHS Foundation Trust

Parents and Carers - please join us at our 1hr online Sleep Workshop

Monday 3rd February - 11am & 4pm  
 Tuesday 4th February - 9.30am & 2pm  
 Wednesday 5th February - 9.30am & 1.30pm  
 Thursday 6th February - 11am & 1.30pm

This workshop aims to provide psychoeducation on sleep hygiene and sleep routines. Also includes practical strategies for helping children

To book a place please complete the online form [HERE](https://forms.office.com/e/7ac7qHLP4c) <https://forms.office.com/e/7ac7qHLP4c> or scan the QR code

This workshop is open to parents/carers of primary aged children enrolled in Reception to Year 6 in any school in Cornwall

**Lunch Menu**

Children will be asked what they would like each day by their teacher. Children in year R—2 get infant free school meals and it is £2.65 for the rest of the school, other than for those pupils who have been awarded income based free school meals.

School menu week commencing 11th November:

**FOOD FESTIVAL** By Aspens

**LUNCHTIME**

**WORLD Week 2**

Autumn Winter 2024-25: 9/9, 30/9, 21/10, 11/11, 2/12, 23/12, 13/1, 3/2

DAY	THE MAIN EVENT	MEAT-FREE MAGIC Veggie Dish	RAINBOW ALLEY Vegetarians and Salads	BIG TOPPING Filled Jackets	DESSERT TROLLEY	WORLD Week 2
MONDAY	Cheesy Tomato Pizza Muffins	BBQ and Sweetcorn Pizza Slice	Wholegrain Pasta Salad and Green Salad	Beans, Cheese or Tuna Mayo	Toffee Apple Sponge and Custard	DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT AVAILABLE DAILY
TUESDAY	Chicken Chimichangas	Veggie Enchiladas	Rice and Sweetcorn	Beans, Cheese or Tuna Mayo	Chocolate Sprinkle Iced Cake	DAILY SANDWICHES AVAILABLE
WEDNESDAY	Roast Pork, Roast Potatoes and Gravy	Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)	Mixed Greens	Beans, Cheese or Tuna Mayo	Raspberry Coconut Jelly	PASTA TWIRLER AVAILABLE EVERY DAY
THURSDAY	Butter Chicken Wholegrain Pilaf Rice	Aloo Gobi Cauliflower Potato Curry	Peas	Beans, Cheese or Tuna Mayo	Fresh Fruit Salad	Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese
FRIDAY	Battered Fish and Chips	Cheese and Tomato Toasted Wrap with Chips	Baked Beans	Beans, Cheese or Tuna Mayo	Anzac Biscuits	

W1

Local community information:

# Penwith Landscape Recovery Project Cake and Collaboration Tour

DO YOU USE THE PENWITH LANDSCAPE?



WILD ABOUT WILDLIFE?



OWN LAND IN PENWITH?

WE WANT TO HEAR FROM YOU!



TELL US HOW THE PENWITH EXPERIENCE COULD BE IMPROVED



# Penwith Landscape Recovery Project Cake and Collaboration Tour

## Upcoming Events

- 08** November | **Madron Landithy Hall** 6:30pm - 8:30pm
- 24** October | **Zennor Village Hall** 6:30pm - 8:30pm
- 13** November | **St Just WI Hall** 6:30pm - 8:30pm
- 26** October | **Sancreed Village Hall** 12:30pm - 2:30pm
- 15** November | **Nancledra Gilbert Hall** 6:30pm - 8:30pm
- 26** October | **Sancreed Village Hall** 6:30pm - 8:30pm
- 21** November | **Centre of Pendeen** 6:30pm - 8:30pm
- 08** November | **Madron Landithy Hall** 12:30pm - 2:30pm

