

Headteacher update

The week ahead

Day	Event	Club option
Mon		Running club for KS2
Tues	World Mental health day—Non uniform £1 donation Swimming / PE for Cowloe & Longships (same groups as previous week) Cross country @ Mounts Bay	Writing club year 5&6
Wed	Gymnastics Year 1/ PE for year 2—Wear PE kits please Open afternoon for new Reception 2024 Year 4 bring Forest school clothes to change into.	High five netball KS2—bring PE kit to change into
Thurs		Sports club for KS1 & 2
Fri	Forest school for Longships. Home clothes and appropriate layers	

Sports

Additional clubs after half term We have been given the opportunity to have a six week after school football club for KS2 starting after October half term. It would take place on a Tuesday for an hour it will be £12 for 6 sessions. This will be provided by Mounts Bay Academy. Due to this being an outside provider, if you would like your child to attend this club you will need to pop to the office to sign a permission form and to pay the £12 in full upfront to cover the costs. This is a great opportunity and I know it is something the children will really enjoy.

We have also been given the opportunity to have a year 1 & 2 girls tennis club (specific I know!) with Penzance tennis club at minimum to no cost. If you would like your child to take part, could you email Miss Clackworthy on hclackworthy@sennen.tpacademytrust.org.

Cross country entries have started coming in, if you would like your child to take part, please let us know ASAP by emailing Miss Clackworthy. It would be great to have the school well represented this year and be there to cheer each other on!

Forest school

On Friday Longships will be going to St Loy woods for a forest school session. This session is a planning sessions aimed at gauging the children’s interests. Please can the children come to school in their home clothes and bring appropriate layer along according to the weather. On Wednesday **Year 4** will be done a few forest school activities on site as part of our open afternoon. Could they please bring a change of clothes in with them so they can change in the afternoon.

Contact information

Tel: 01736 871 392

Mrs Smith:

head@sennen.tpacademytrust.org

Mrs Raitt:

sennen@tpacademytrust.org

Mrs Thomas (SENDCO):

rthomas@sennen.tpacademytrust.org

Mrs Baker:

sbaker@sennen.tpacademytrust.org

Mrs Hulse:

khulse@sennen.tpacademytrust.org

Miss Clackworthy:

hclackworthy@sennen.tpacademytrust.org

Miss Sawle:

csawle@sennen.tpacademytrust.org

Mrs Tindall:

etindall@sennen.tpacademytrust.org



Important dates:

- 10.10—World mental health day—non uniform with a donation of £1
- 10.10—Cross country @ Mounts Bay
- 11.10—Open afternoon for new EYFS children
- 12.10—Longships 1st Forest School
- 17.10—Nasal Flu vaccine
- 19.10—End of term assembly
- 20.10—Last day of term
- 30.10—INSET day. No children
- 19.12—Last day of term 2
- 4.1.24—1st day back of term 3



World Mental health day

To align with [World Mental Health Day](#) on 10 October, [ITV's latest Britain Get Talking](#) campaign has launched a unique homework task designed to help young people open up about the hardest subject of all: what's on their minds.

What's on our minds can be the hardest subject.

So what's on yours?

Sometimes, the world can feel like a scary place.

That's why this World Mental Health Day, we've set the nation a different kind of homework.

Because talking about the hardest subjects on our mind can help ease our stress, and reduce our anxiety.

And working on a shared task like this one is a brilliant way to start a proper chat if you need a hand.

Get talking

1

Ask your parent, carer, or an adult you trust if they'll help you with your homework.

Tell them not to worry - nothing will be marked, and they won't even need a calculator!


2

If you're not sure where to start, try writing or drawing your worries or fears on the front cover of this exercise. You can use the box or go outside the lines. Remember: there are no right or wrong answers.

3

Now, spend time together talking through any worries one by one. Discuss questions such as:

*How does it make you feel?
What are you most afraid might happen?
Would it help if you had more information?*



Get listening

Even if we're used to talking together, it can be hard to open up about our worries or fears, particularly the more serious or scary ones. Perhaps you're afraid that talking about them might make you both worry more,

but the reality is the opposite is more likely to be true. When we talk about the hardest subjects, we don't have to have all the answers. The important thing is to listen without judgment, and try not to rush to resolve the problem.

We would like to mark this occasion by having a non uniform day. We will ask for a donation of £1, which we will send to the Young Minds children's mental health charity.



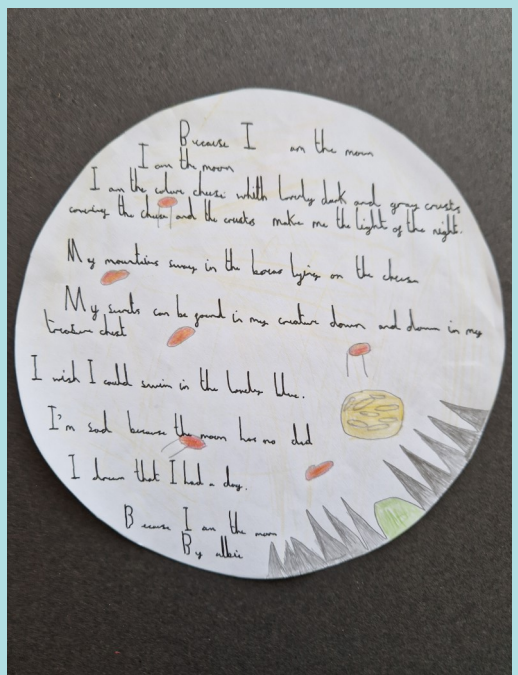
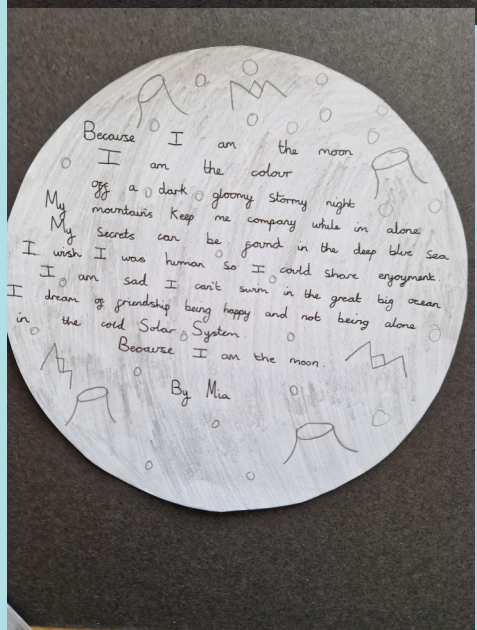
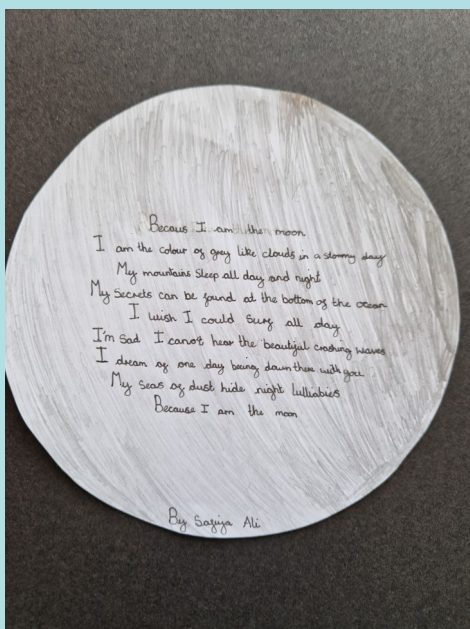
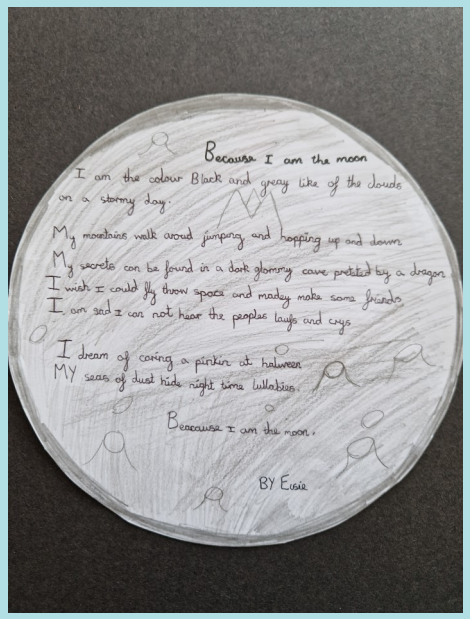
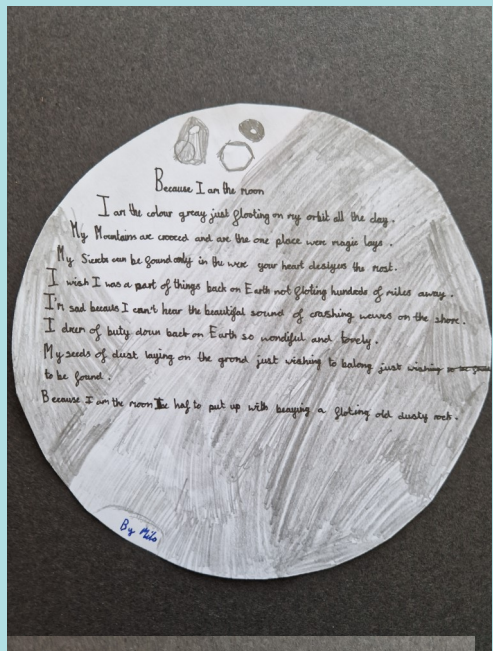
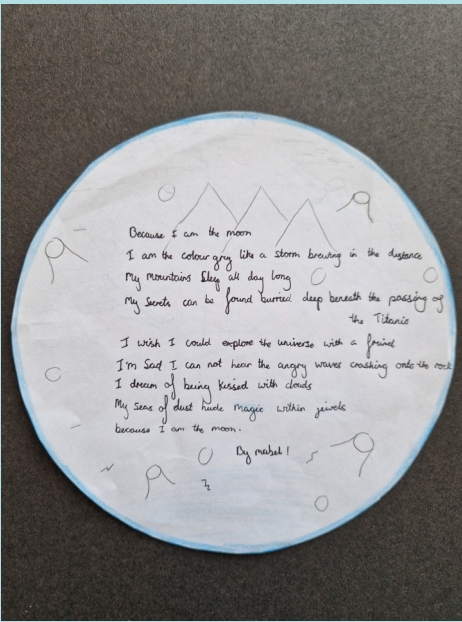
World Mental Health Day is coming up on Tuesday 10th October. The aim of the day is to raise awareness of mental health and to drive positive change for everyone's wellbeing. The theme for this year's day is 'mental health is a universal human right'.

World poetry day

Thursday 5th October was World Poetry day. The children had a great time listening to various performance poetry by Micheal Rosen, and it inspired Longships to carry out some performance poetry of their own. They will be showing you their talent at the end of term assembly. They are also going to go and write their own free verse poetry as part of their English next week.

Cowloe were looking at a poem called 'Because I am the moon' by Liz Brownly.

They have written, edited and published these amazing poems called 'Because I am the moon'. They worked so hard and were very proud of their results.





SENNEN PRIMARY SCHOOL

Do you have a child starting school in September 2024, or know someone who does? We will be holding an open afternoon on 11th October to give people a chance to come and see what the school has to offer. Please share with anyone you think might be interested.

We can also do individual tours, just contact the school and we will get one arranged.

A graphic with a light blue background. At the top, it features the same coastal illustration as the first image. Below the illustration, the text 'SENNEN PRIMARY SCHOOL' is written in a simple, black, sans-serif font. Underneath that, the words 'Open Afternoon' are written in a large, bold, white font with a black outline. Below this, the date and time 'Wednesday 11th October 2023, 1.30 - 2.30' are written in a large, white, rounded font with a black outline.

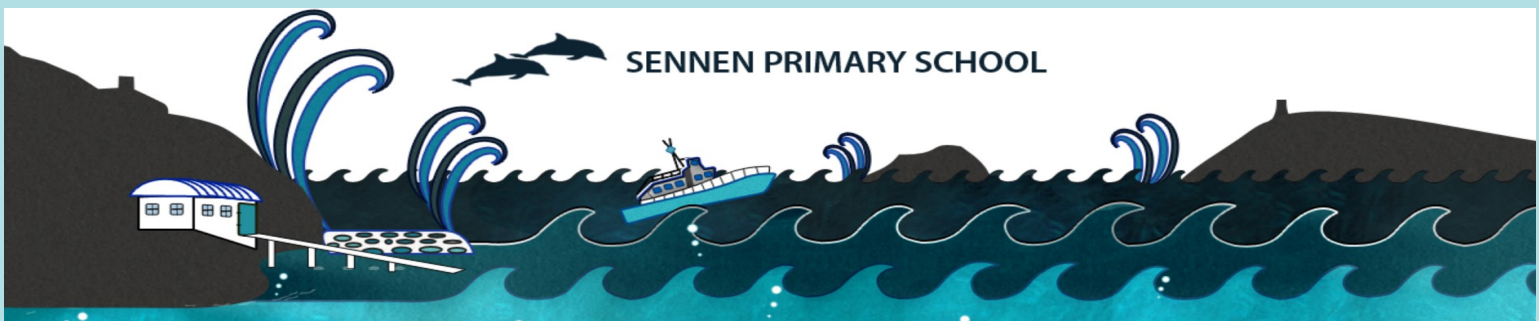
Do you have a child due to start school in September 2024?

If so, come along to our open afternoon and have a look around our lovely school. There will be a brief introduction at 1.30, followed by a tour of the school by the children.



Email us to make a booking on sennen@tpacademytrust.org

Or visit www.sennen.cornwall.sch.uk to find out more about us!



OCTOBER HALF TERM 2023 HOLIDAY CAMP AT SENNEN SCHOOL!

We are delighted and excited to announce that DT Coaching will be offering a Half Term Holiday Camp at **Sennen School** this October Half Term, exclusively for students of Sennen School! For those children that enrol on to the camp, they will have a day full of fun sporting activities, including having the opportunity to participate in an array of different alternative activities, such as...

- **Laser Tag**
- **Nerf Wars**
- **Virtual Reality**
- **Archery**
- **Ultimate Dodgeball**
- **Kinball**

DT Coaching are offering this Holiday Camp for just one day...

Thursday 26th October 2023, from 9.00am – 3.00pm, for just £25.00!

As always, every activity and provision provided by DT Coaching will be led by our highly & fully qualified DT Coaching members of staff, with all the required and necessary DBS checks and safeguarding/first aid qualifications. Details of the club can all be found clearly below:

Date of Holiday Camp -	Thursday 26th October 2023
Timings of Holiday Camp -	9.00am – 3.00pm
Location for Drop Off/Pick Up -	Main School Reception

What to Bring -	Packed lunch, snacks, plenty of water & a suitable clothes/coat in case of bad weather
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How to Book

If you would like to sign your child(ren) up for stated Holiday Camp above, please could you complete the Parental Consent Form attached overleaf for each child and return it/them by handing them into the school office before the stated date of... **Friday 13th October 2023.**

Payment

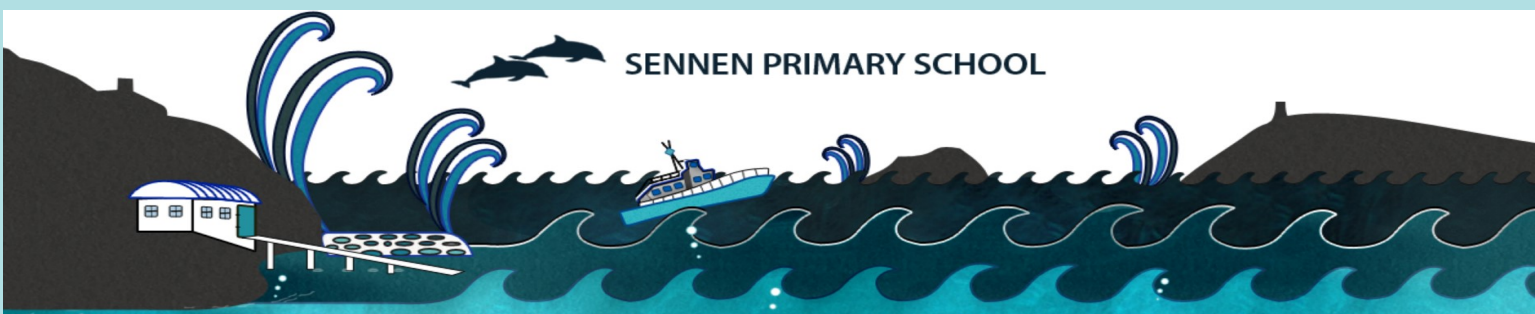
Please attach full cash payment of £25.00 to the completed consent form(s) when handing these into the school office.

Contact Details

If you have any queries or questions about this club, please do not hesitate to get in contact with Ed Timmons, on:

Email: ed@dtcoaching.co.uk

Phone: 07843 126 833



Lunch Menu

Children will be asked what they would like each day by their teacher. Children in year R—2 get infant free school meals and it is £2.65 for the rest of the school, other than for those pupils who have been awarded income based free school meals.

WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza 🍷 Served with Potato Wedges	Chinese Chicken and Vegetable Rice 🍷🍷	Roast Gammon Served with Roast Potatoes and Gravy	Beef Lasagne 🍷 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Vegetable Pastry Roll 🍷 Served with Potato Wedges	Cauliflower Macaroni Cheese 🍷🍷	Sweet Potato and Chickpea Roast 🍷 Served with Roast Potatoes and Gravy	Vegetable Lasagne 🍷🍷 Served with Garlic and Herb Bread	Vegetarian Dippers 🍷 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings	Jacket Potatoes 🍷🍷 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🍷🍷					
All main meals are served with two vegetables					
DESSERT	Oat Chocolate Cookie with Fruit 🍷	Orange Jelly	Chocolate and Banana Marble Cake	Banana and Apricot Flapjack with Fruit 🍷	Strawberry Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

